

# HOW AM I FEELING TODAY?



AGGRESSIVE



ANGRY



ANXIOUS



ASHAMED



BASHFUL



BORED



CAUTIOUS



CONFIDENT



CONFUSED



CURIOUS



DEPRESSED



DETERMINED



DISAPPOINTED



DISBELIEVING



DISGUSTED



EMBARRASSED



ENRAGED



ENVOIOUS



EXASPERATED



EXHAUSTED



HAPPY



INDIFFERENT



JOYFUL



LOVED



LOVING



NERVOUS



OPTIMISTIC



OVERWHELMED



REGRETFUL



SAD



SATISFIED



SHOCKED



SORRY



SURPRISED



WORRIED